

Diagnose von ARVC mit Schwerpunkt MRT

Jeanette Schulz-Menger

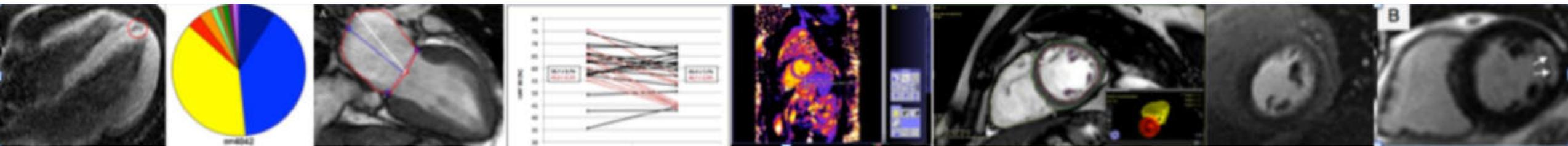
ECRC, Charité Campus Buch, University Medicine Berlin

HELIOS-Clinics Berlin,

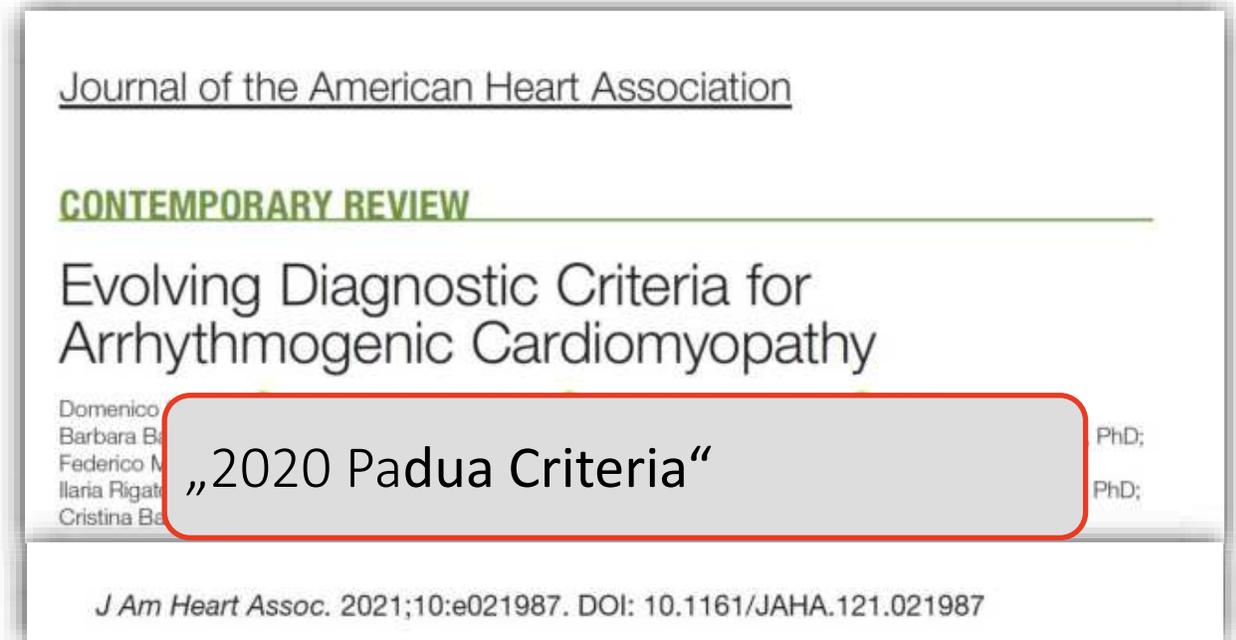
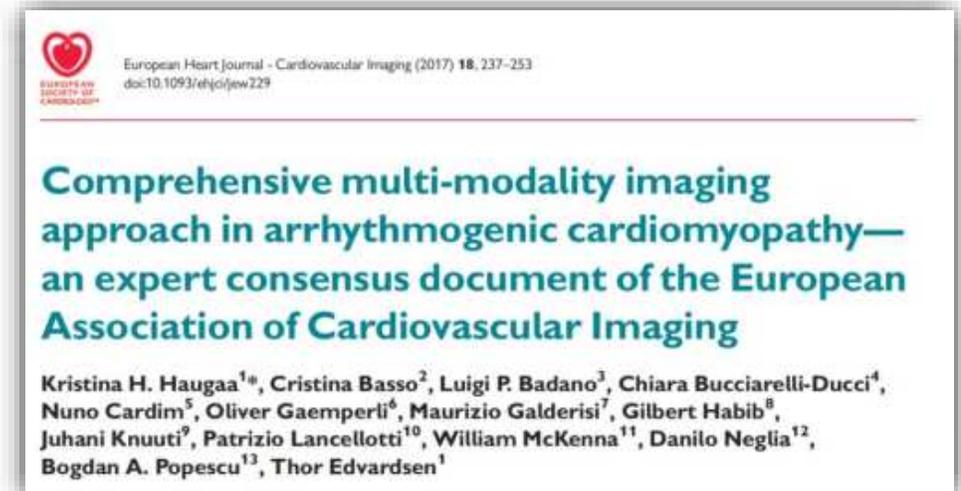
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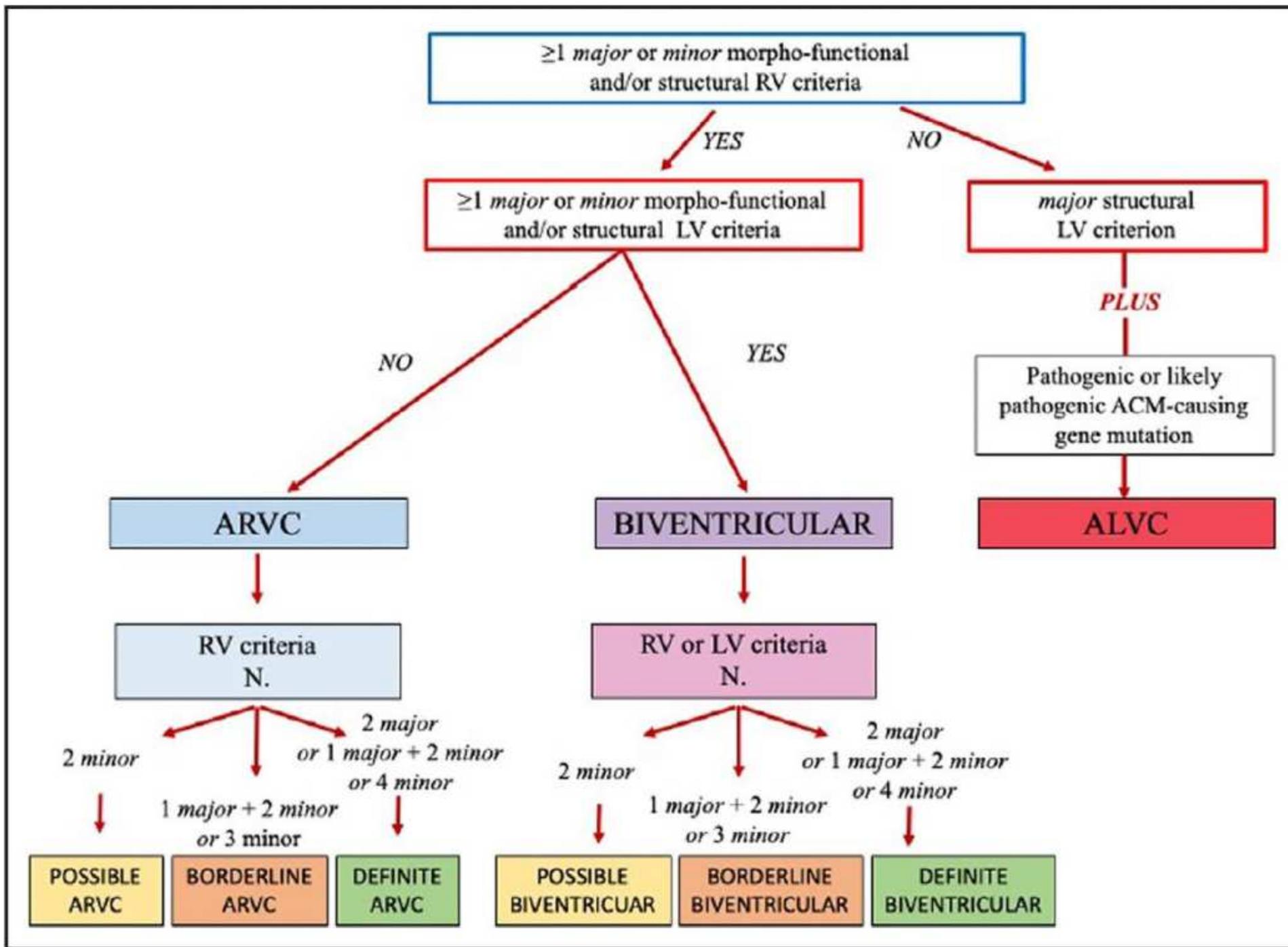
www.cmr-berlin.org



Dilemma und Chance



**Diagnose - mehrere Kriterien
Score**



2022 ESC Guidelines for the management of patients with ventricular arrhythmias and the prevention of sudden cardiac death

Developed by the task force for the management of patients with ventricular arrhythmias and the prevention of sudden cardiac death of the European Society of Cardiology (ESC)

Endorsed by the Association for European Paediatric and Congenital Cardiology (AEPC)

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ARVC

In patients with suspected ARVC, CMR is recommended.

I

In patients with a suspected or definite diagnosis of ARVC, genetic counselling and testing are recommended.

I

ICD implantation should be considered in symptomatic^d patients with definite ARVC, moderate right or left ventricular dysfunction, and either NSVT or inducibility of SMVT at PES.

IIa

In ARVC patients with indication for ICDs, a device with the capability of ATP programming for SMVT up to high rates

IIa

Recommendations for diagnostic, risk stratification, sudden cardiac death prevention and treatment of ventricular arrhythmia in arrhythmogenic right ventricular cardiomyopathy

In patients with suspected ARVC, CMR is recommended.

I

B

phenotype.

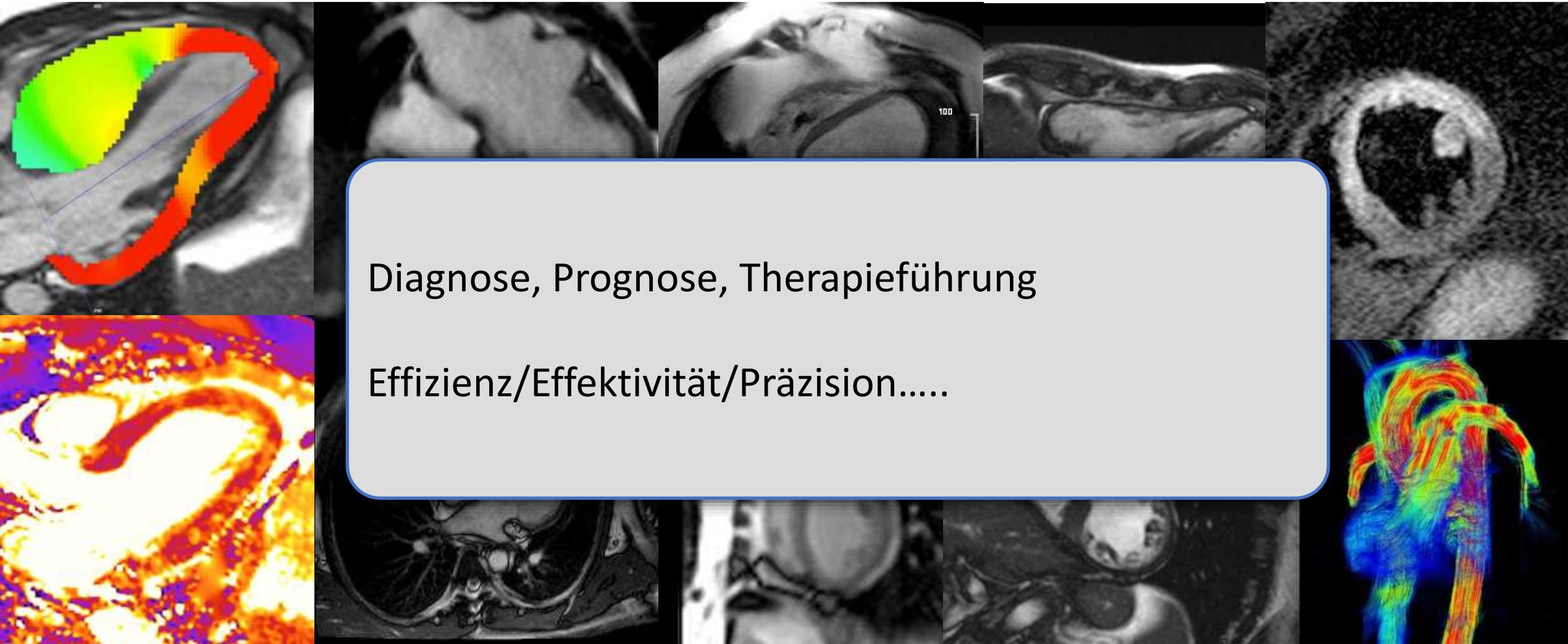
Beta-blocker therapy may be considered in all patients with a definite diagnosis of ARVC.

IIb

In patients with ARVC and symptoms highly suspicious for VA, PES may be considered for risk stratification.

IIb

Auswahl der Kardio-MRT Techniken



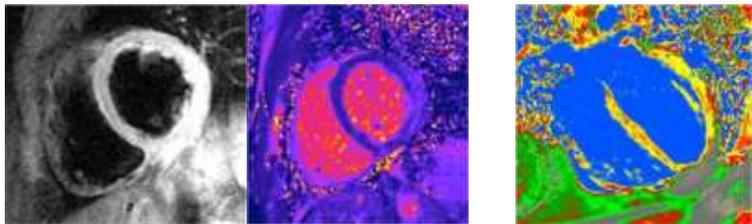
Kardio-MRT - gezieltes Protokoll nach Fragestellung notwendig

Erkrankungsaktivität

native

T2w/T2map

T1map

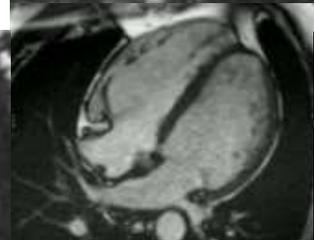
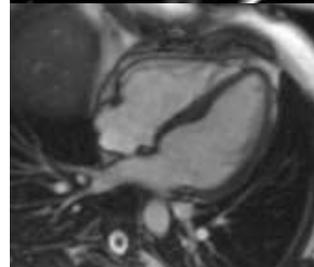
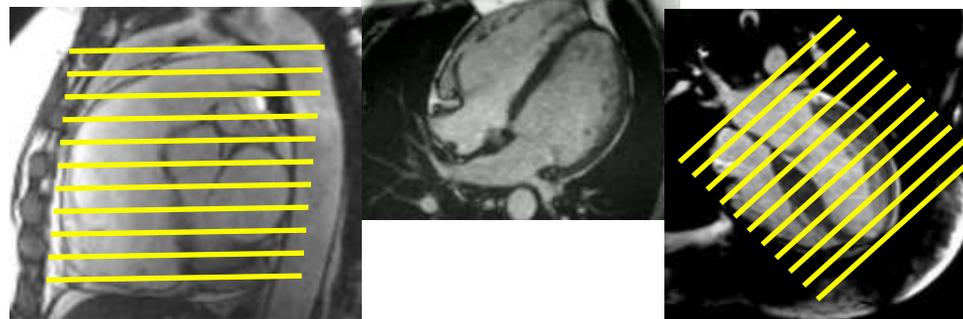
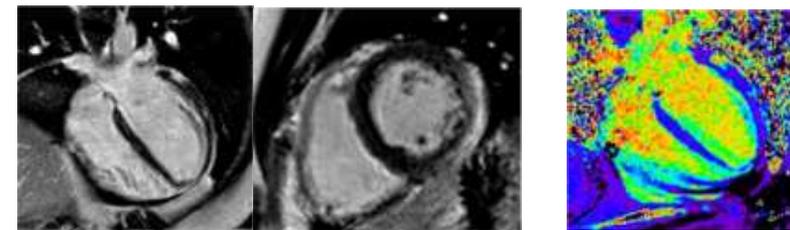


Prognose

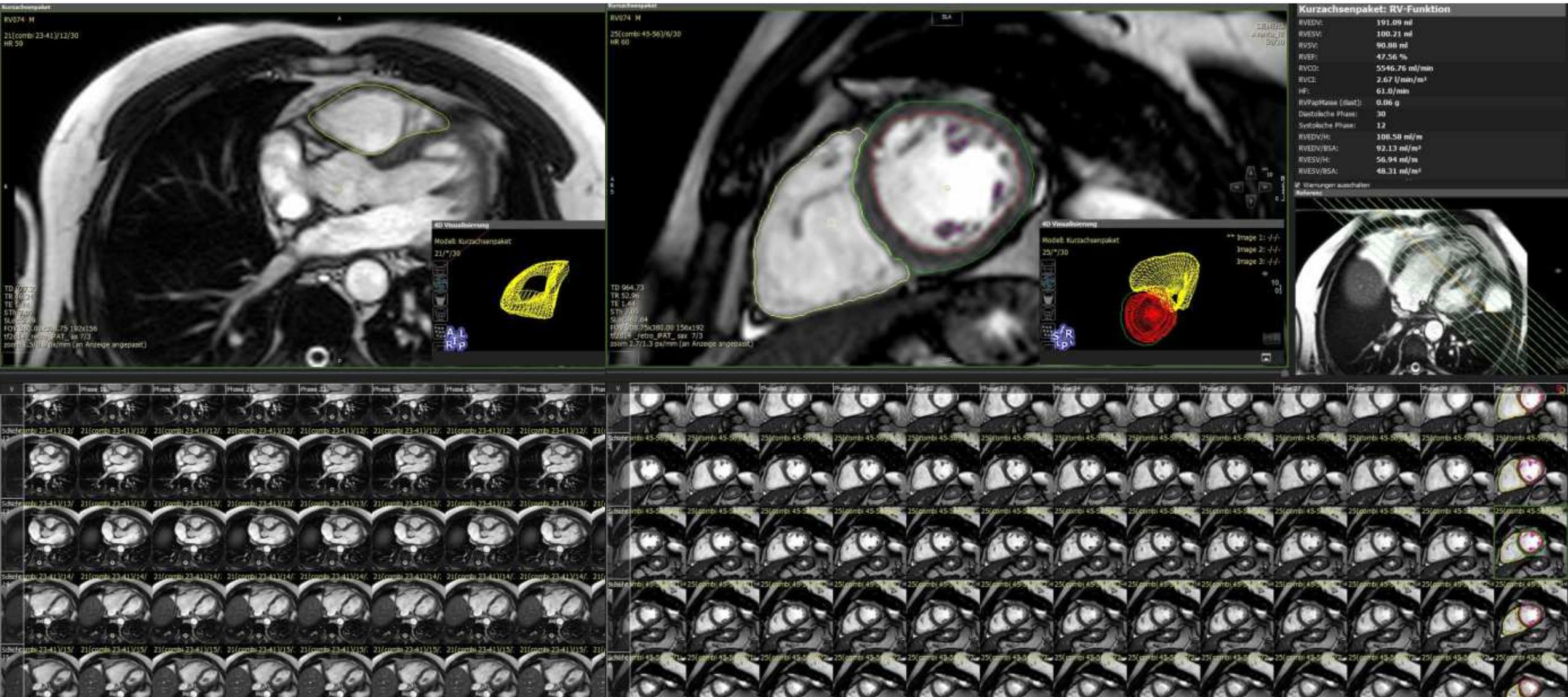
post contrast media

LGE

ECV



Präzise Quantifizierung beider Ventrikel

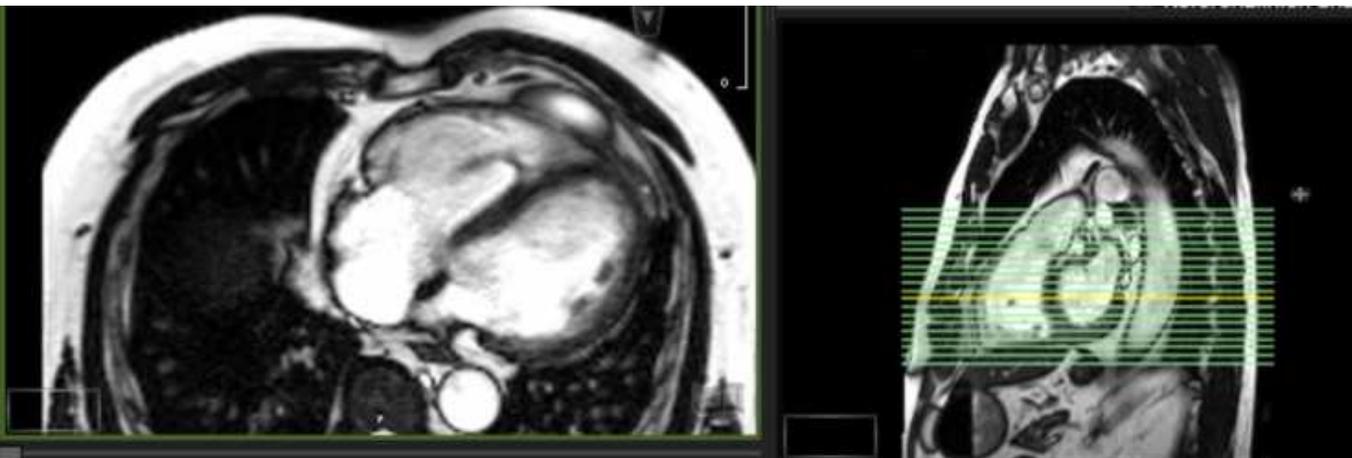


A(R)VC Funktion und Wandbewegungsstörungen

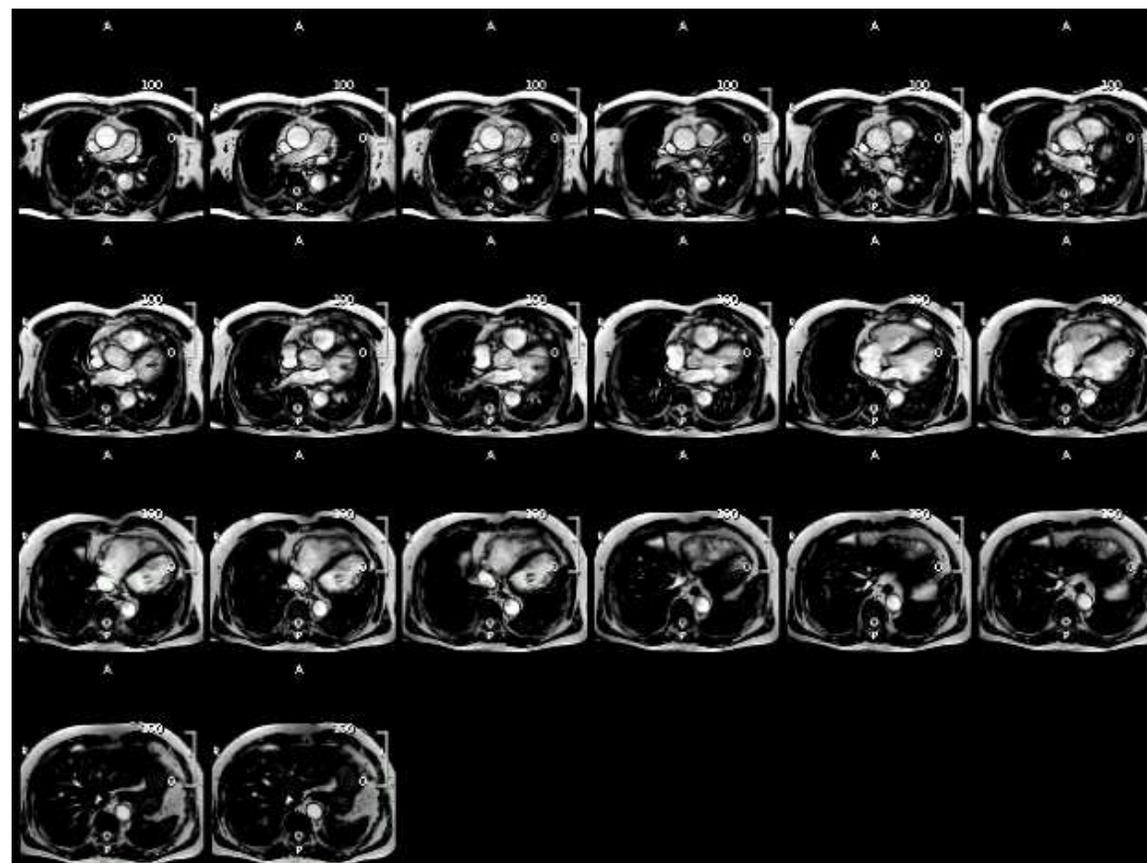
Table 1. Comparison of 2010 TF Criteria and 2020 International Criteria for

2020 International criteria

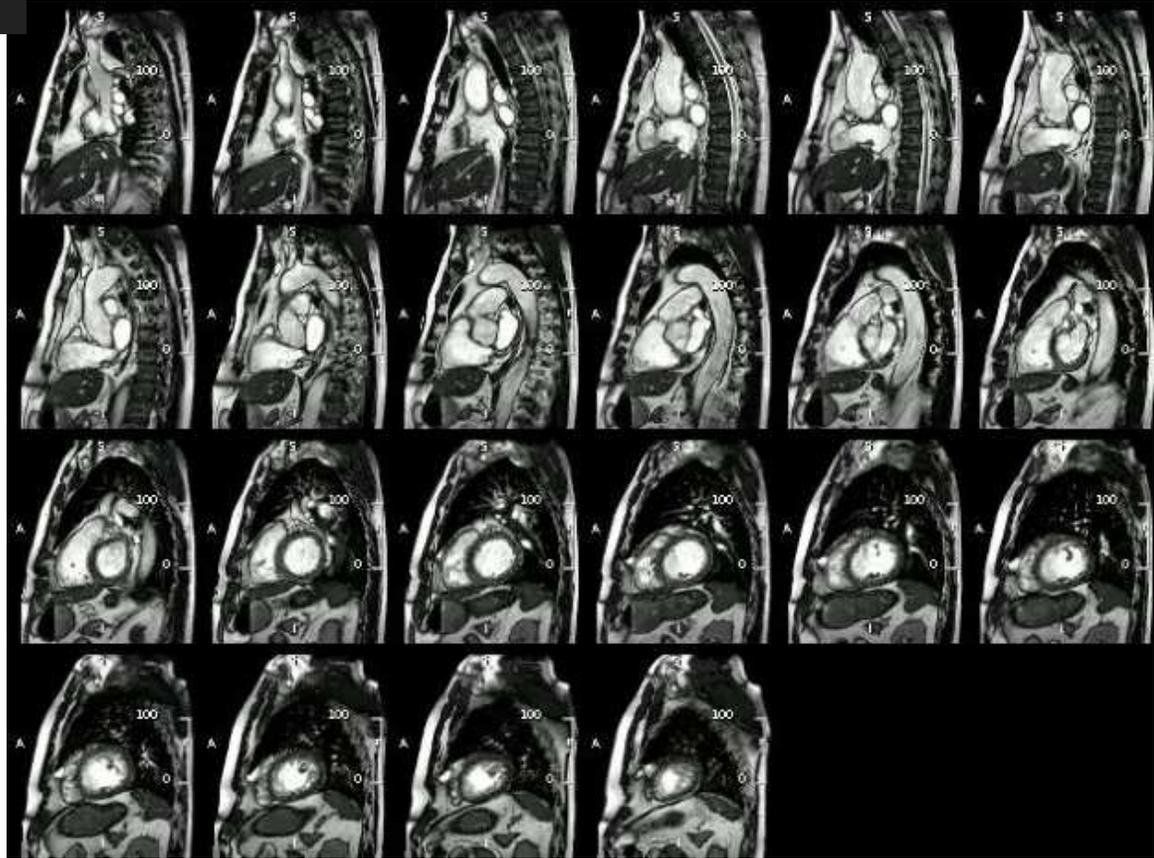
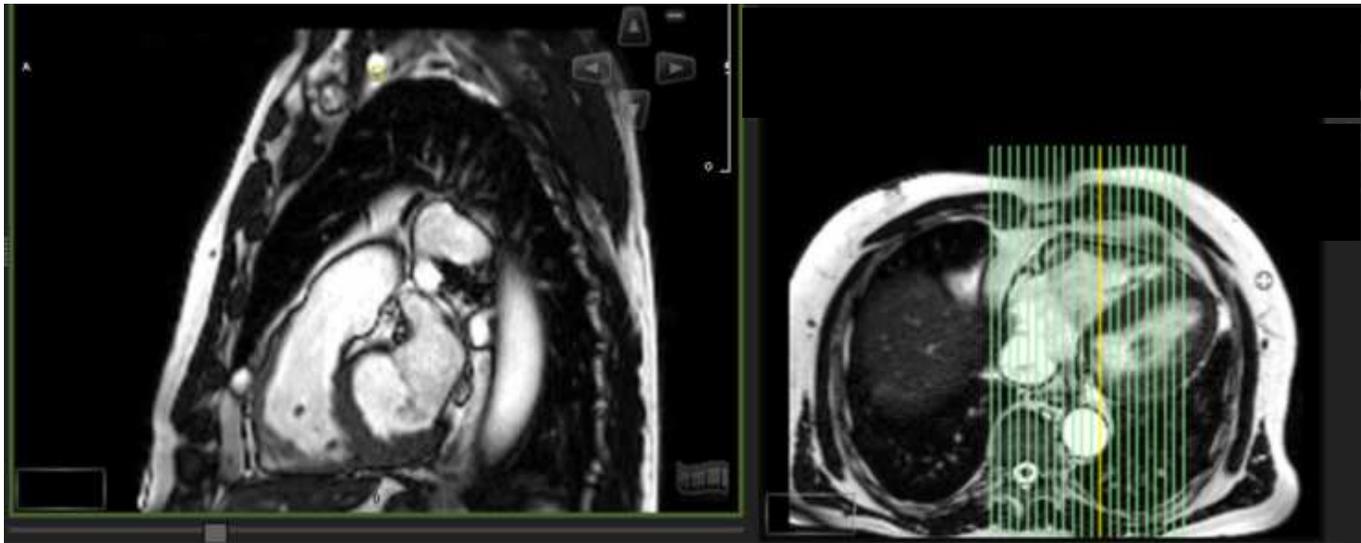
Category		
I. Global or regional dysfunction and structural alterations	<p>„2020 Padua Criteria“</p>	<p>angiography: or bulging</p>
	<p>- Fractional area change $\leq 33\%$</p> <p><i>By MRI:</i></p> <ul style="list-style-type: none"> Regional RV akinesia or dyskinesia or dyssynchronous RV contraction and one of the following: <ul style="list-style-type: none"> - Ratio of RV end-diastolic volume to BSA: ≥ 110 mL/m² (male) or ≥ 100 mL/m² (female) - or RV ejection fraction $\leq 40\%$ <p><i>By RV angiography:</i></p> <ul style="list-style-type: none"> Regional RV akinesia, dyskinesia, or aneurysm <p><i>Minor</i></p> <p><i>By 2D echocardiogram:</i></p> <ul style="list-style-type: none"> Regional RV akinesia or dyskinesia and one of the following (end diastolic volume): <ul style="list-style-type: none"> - PLAX RVOT ≥ 29–<32 mm; (corrected for body size [PLAX/BSA] ≥ 16–<19 mm/m²) - PSAX RVOT ≥ 32–<36 mm; (corrected for body size [PSAX/BSA] ≥ 18–<21 mm/m²) - or fractional area change $>33\%$–$\leq 40\%$ <p><i>By MRI:</i></p> <ul style="list-style-type: none"> Regional RV akinesia or dyskinesia or dyssynchronous RV contraction and one of the following: <ul style="list-style-type: none"> - Ratio of RV end-diastolic volume to BSA ≥ 100 to <110 mL/m² (male) or ≥ 90 to <100 mL/m² (female) - or RV ejection fraction $>40\%$ to $\leq 45\%$ 	<p>plus 1 of the following.</p> <ul style="list-style-type: none"> Global RV dilatation (increase of RV EDV according to the imaging test specific nomograms for age, sex, and BSA) <p>or</p> <ul style="list-style-type: none"> Global RV systolic dysfunction (reduction of RV EF according to the imaging test specific nomograms for age and sex) <p><i>Minor</i></p> <p><i>By 2D echocardiogram, CMR, or angiography:</i></p> <ul style="list-style-type: none"> Regional RV akinesia, dyskinesia or aneurysm of RV free wall



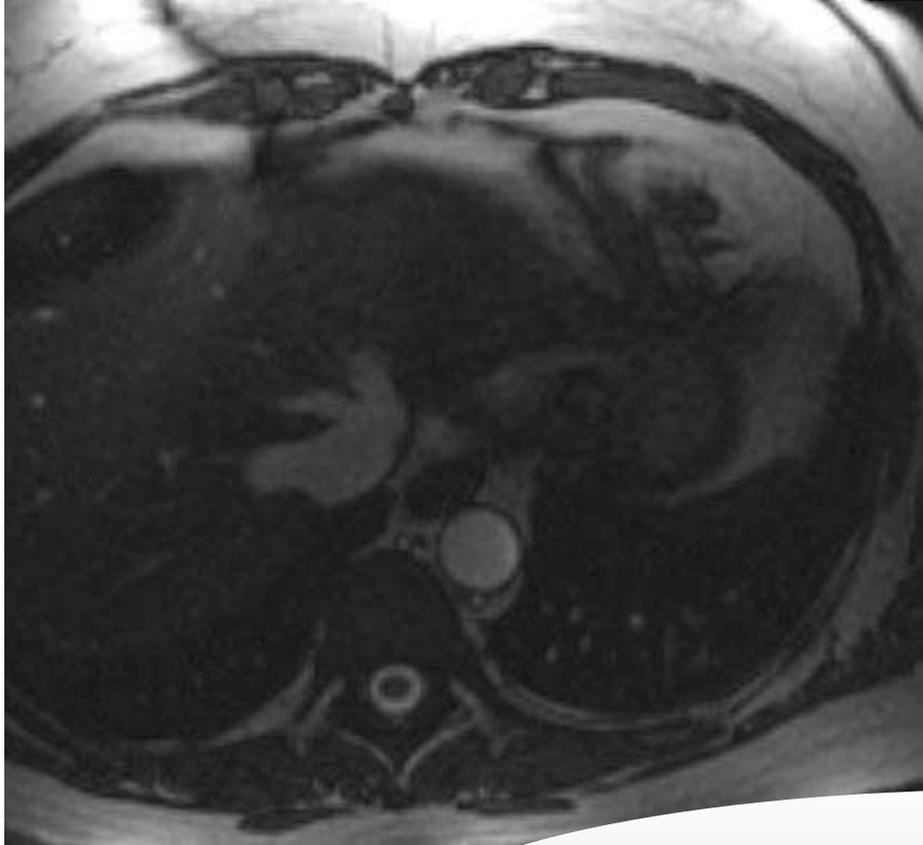
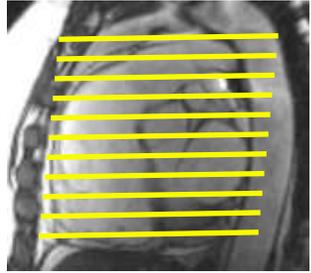
dünne Schichten
lückenlos



dünne Schichten
lückenlos

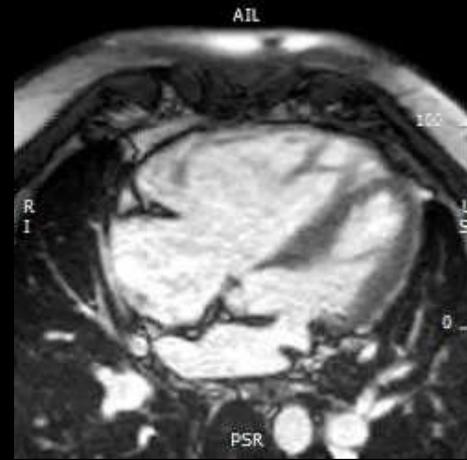
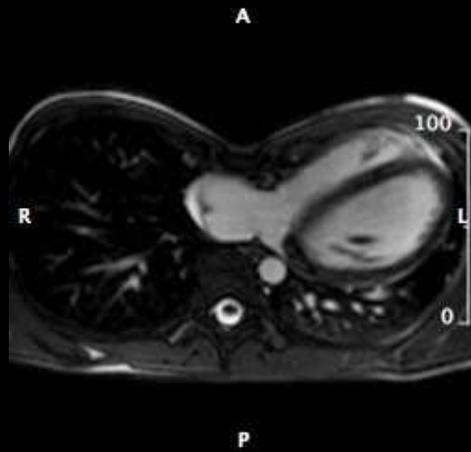
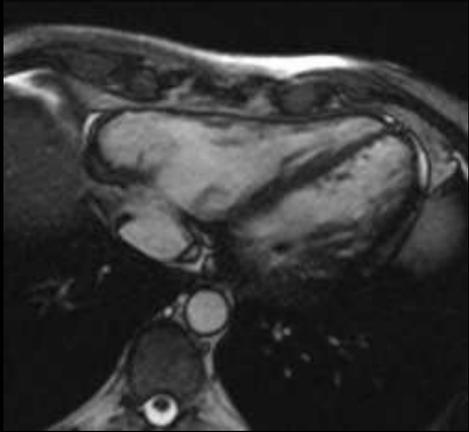


Wandbewegungsstörungen des Rechten Ventrikels



Diagnosestellung AC
NICHT allein aus der Bildgebung!

Rechter Ventrikel - Challenge für die Bildgebung



Bedeutung einer Trabekularisierung??

Kardiomyopathie mit excessiver Trabekularisierung

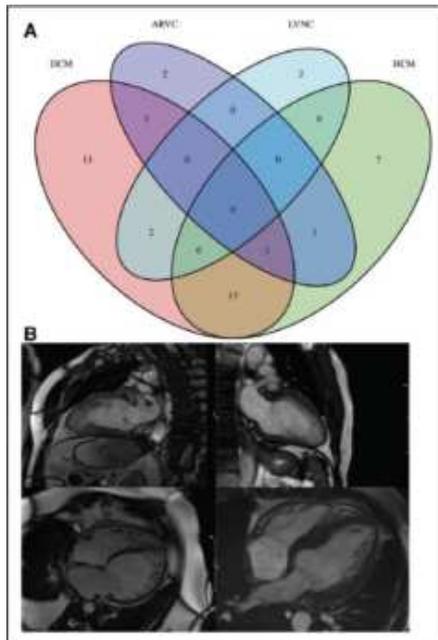
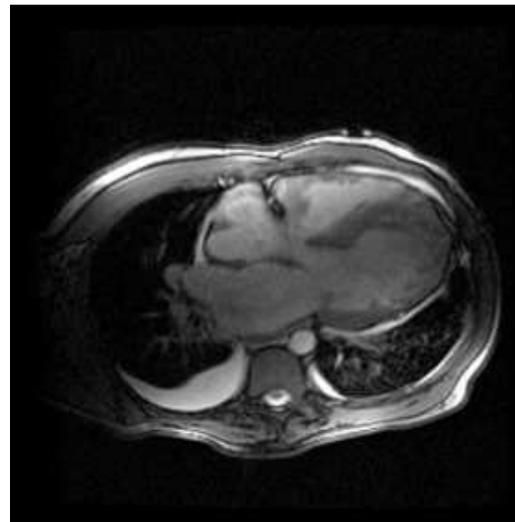
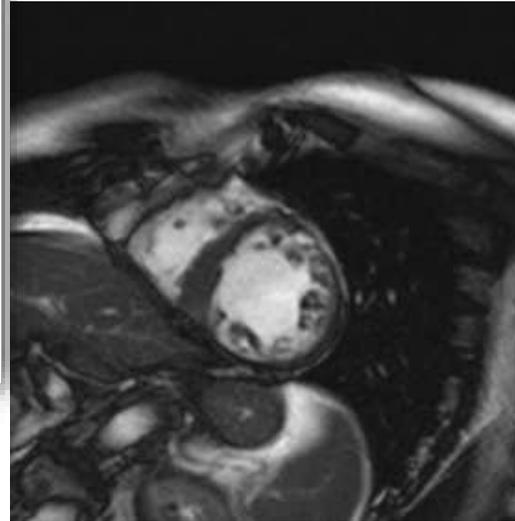
Circulation: Cardiovascular Imaging

ORIGINAL ARTICLE

Prognostic Significance of Left Ventricular Noncompaction

Systematic Review and Meta-Analysis of Observational Studies

Aung ... Petersen 2020



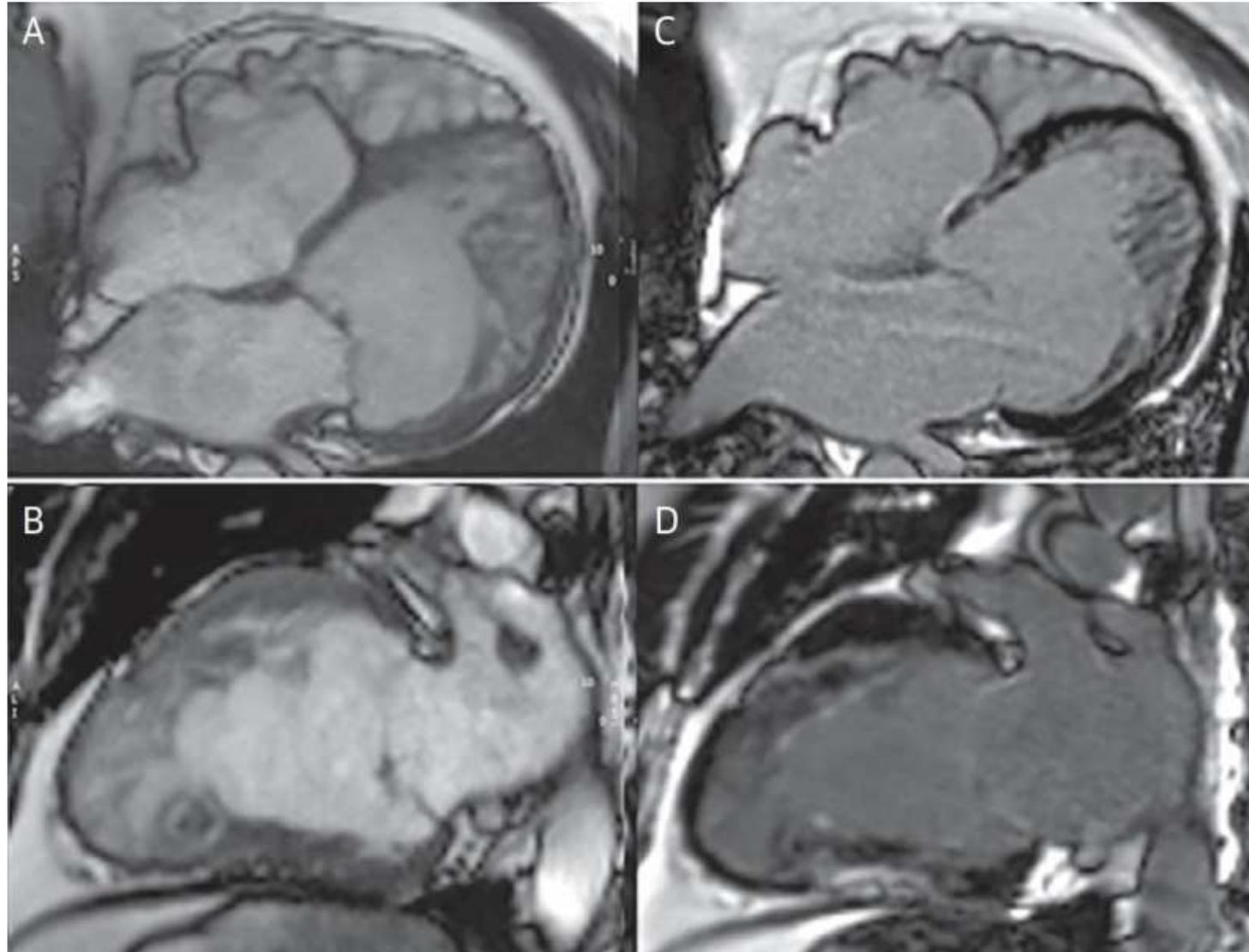
Outcome		Incidence Rate (95% CI)	P-Value
CV death	◆	1.92 (1.54-2.30)	0.997
	◆	1.92 (1.44-2.39)	
HF admission	◆	3.52 (2.95-4.10)	0.003
	◆	2.37 (1.90-2.85)	
Malignant VAs	◆	2.23 (1.83-2.64)	0.779
	◆	2.14 (1.66-2.62)	

Number of Events / 100 Person-Years

◆ CET ◆ DCM

Risiko entspricht DCM

und jetzt?

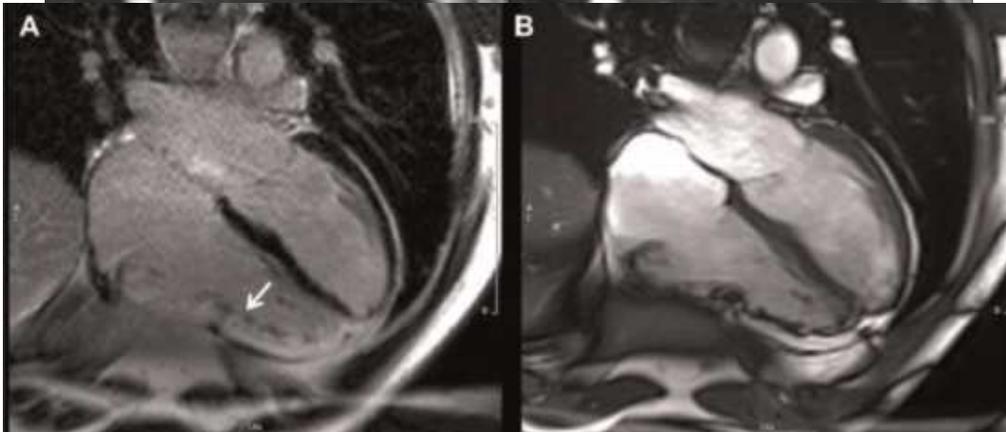
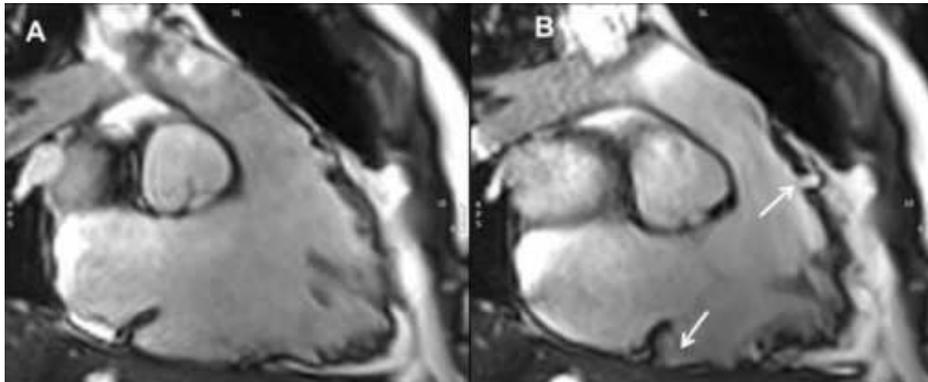


Petersen et al JACC cvi 2023

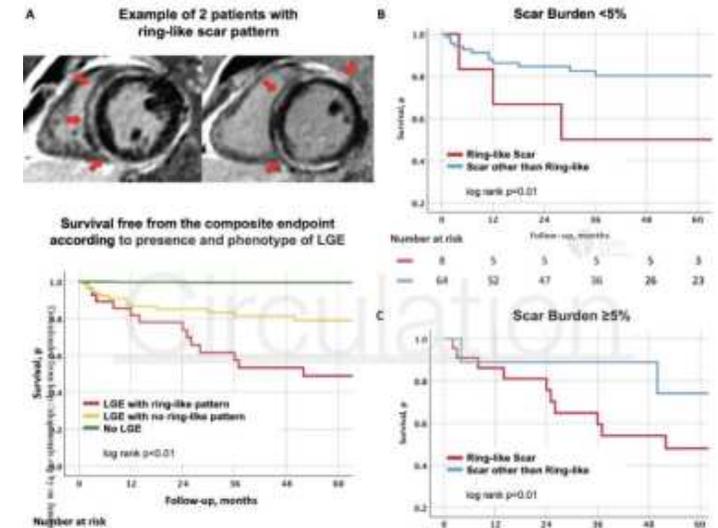


Comprehensive multi-modality imaging approach in arrhythmogenic cardiomyopathy— an expert consensus document of the European Association of Cardiovascular Imaging

Kristina H. Haugaa^{1*}, Cristina Basso², Luigi P. Badano³, Chiara Bucciarelli-Ducci⁴,
Nuno Cardim⁵, Oliver Gaemperli⁶, Maurizio Galderisi⁷, Gilbert Habib⁸,
Juhani Knuuti⁹, Patrizio Lancellotti¹⁰, William McKenna¹¹, Danilo Neglia¹²,
Bogdan A. Popescu¹³, Thor Edvardsen¹



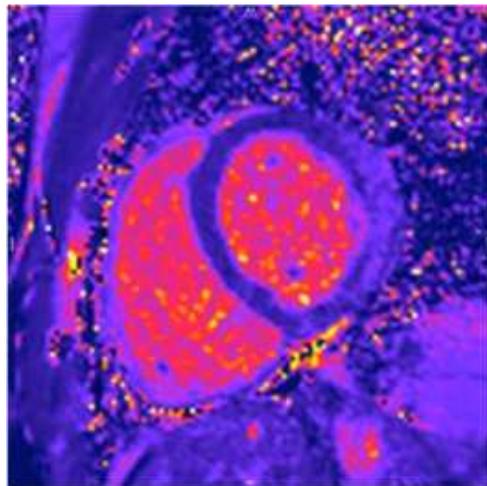
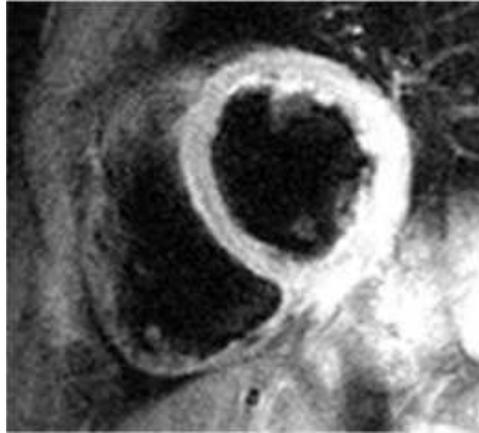
- Wandbewegung und Funktion (TF 2010)
- Fokale Fibrose (LGE) : LV-Form?
aber - auch bei anderen Erkrankungen



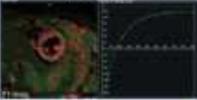
- Kinder und Jugendliche - frühe LV-Beteiligung
Chungsomprasong et al AJC 2017

Veränderungen beider Ventrikel - Ursachen?

Myokarditis?



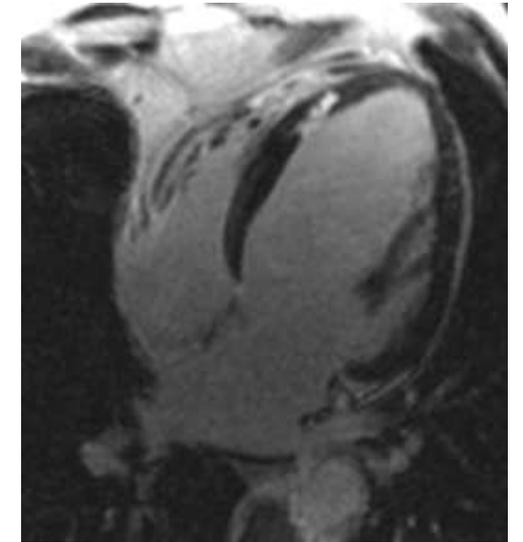
CENTRAL ILLUSTRATION Overview of the Updated Lake Louise Criteria

	2018 Lake Louise Criteria	CMR Image Examples
Main Criteria	Myocardial Edema (T2-mapping or T2W images)	Regional or global increase of native T2  or Regional or global increase of T2 signal intensity 
	Non-ischemic Myocardial Injury (Abnormal T1, ECV, or LGE)	Regional or global increase of native T1  or Regional or global increase of ECV  or Regional LGE signal increase 
Supportive Criteria	Pericarditis (Effusion in cine images or abnormal LGE, T2, or T1)	Pericardial effusion 
	Systolic LV Dysfunction (Regional or global wall motion abnormality)	Regional or global hypokinesis 

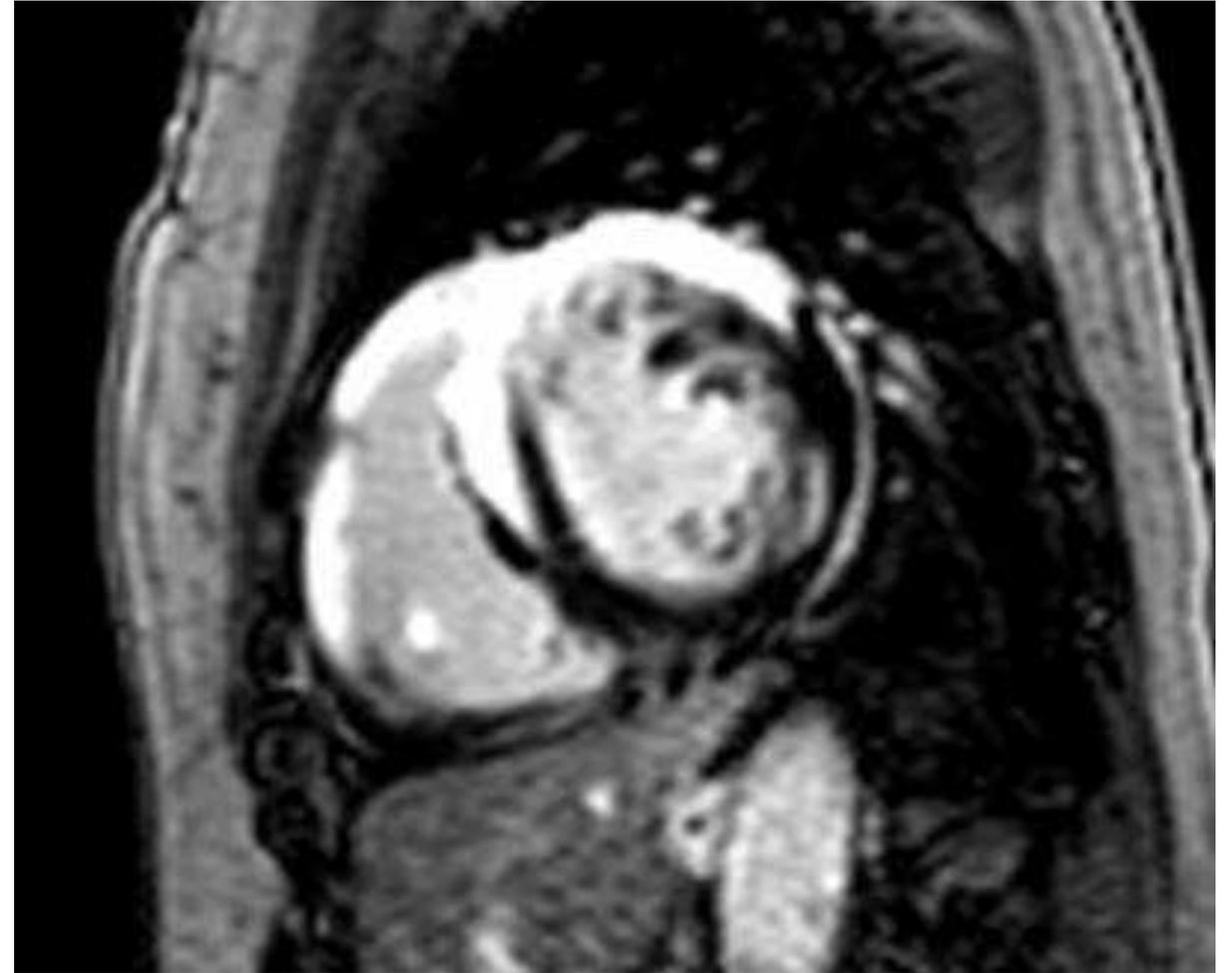
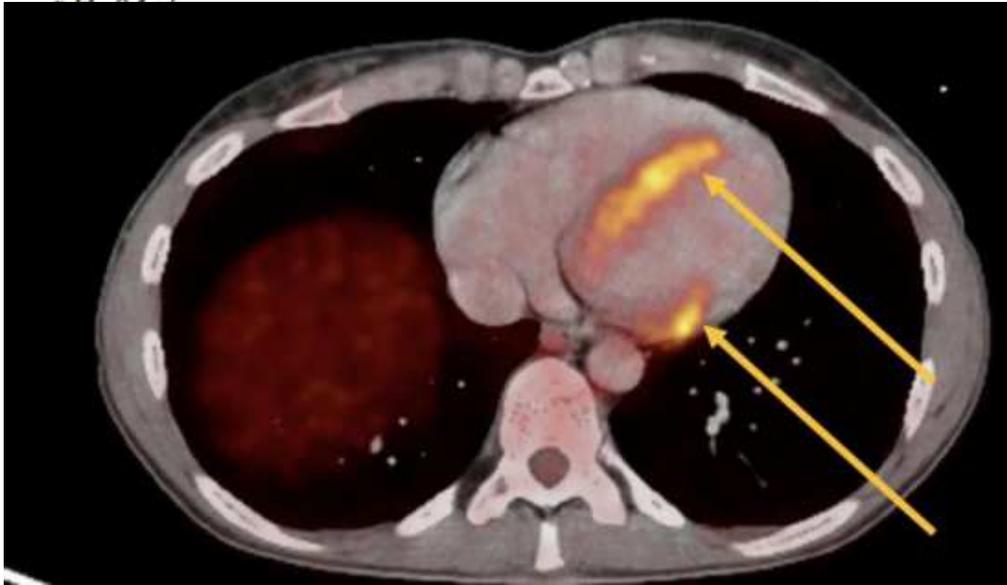
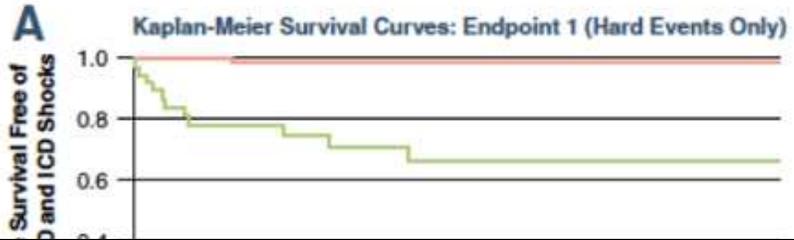
Ferreira, V.M. et al. J Am Coll Cardiol. 2018;72(24):3158-76.

ECV = extracellular volume; LGE = late gadolinium enhancement; T2W = T2-weighted.

Ferreira et al JACC 2018



Sarkoidose - Phänotyp ARVC



Cumulative SCD

	0	365	730	1,095	1,460	1,825	2,190	2,555	2,920
No LGE	89	63	44	29	20	15	10	5	5
LGE	23	20	17	11	5	4	4	4	2

Days after CMR

Myokardschäden des Rechten Ventrikels - Narben

II. Tissue characterization

Major

By EMB

- Residual myocytes <60% by morphometric analysis (or 50% if estimated), with fibrous replacement of the RV free wall myocardium in ≥ 1 sample, with or without fatty replacement of tissue on endomyocardial biopsy

Minor

By EMB

- Residual myocytes 60% to 75% by morphometric analysis (or 50–65% if estimated), with fibrous replacement of the RV free wall myocardium in ≥ 1 sample, with or without fatty replacement of tissue on endomyocardial biopsy

Major

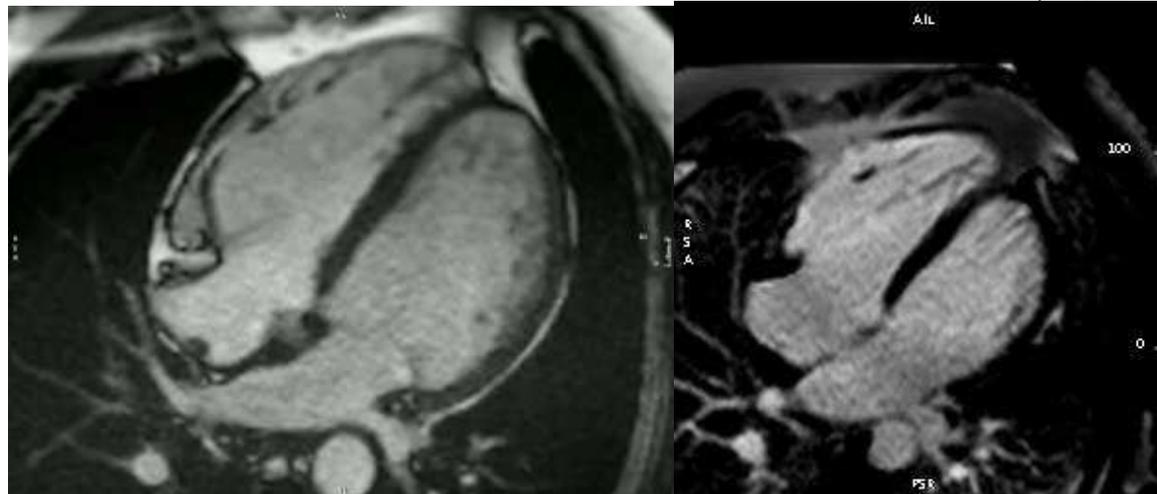
By CE-CMR:

- Transmural LGE (stria pattern) of ≥ 1 RV region(s) (inlet, outlet, and apex in 2 orthogonal views)

Major

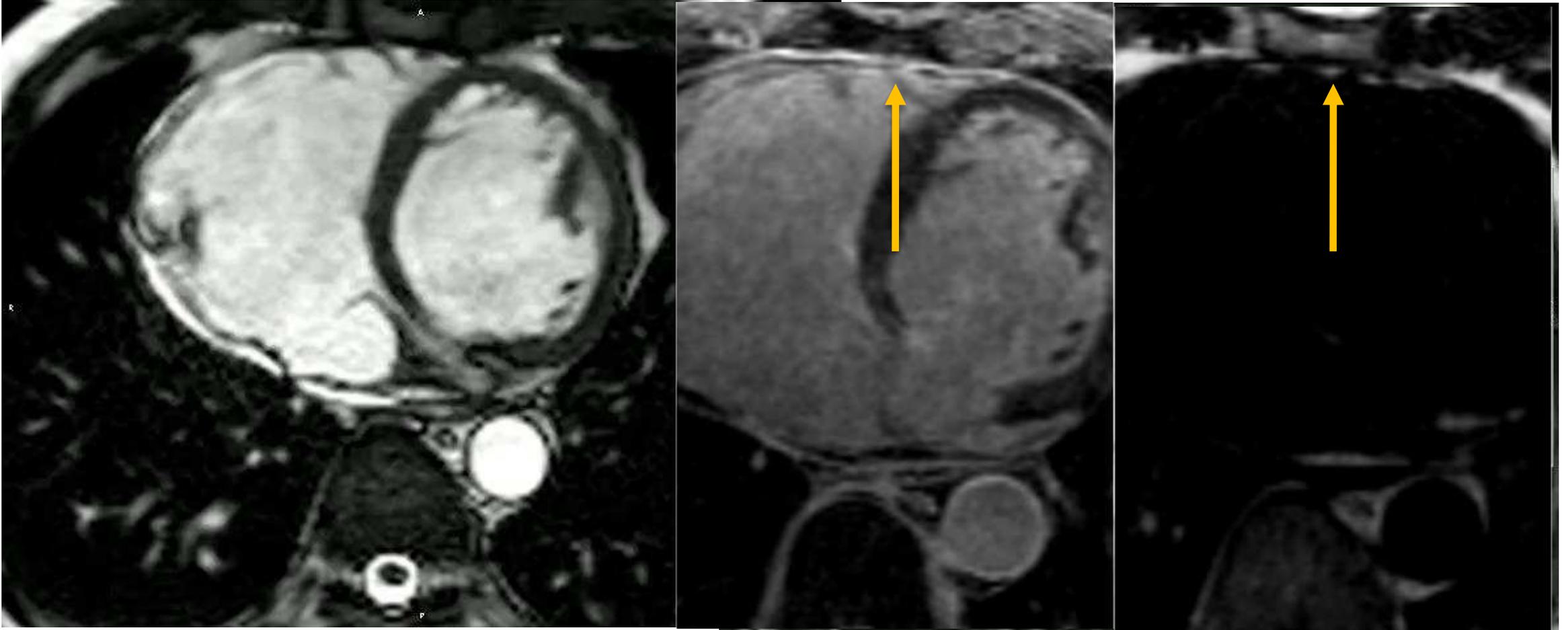
By EMB (limited indications):

- Fibrous replacement of the myocardium in ≥ 1 sample, with or without fatty tissue



RV-Wand Myokardschäden

Zukunft ? Unterscheidung Fett und Fibrose



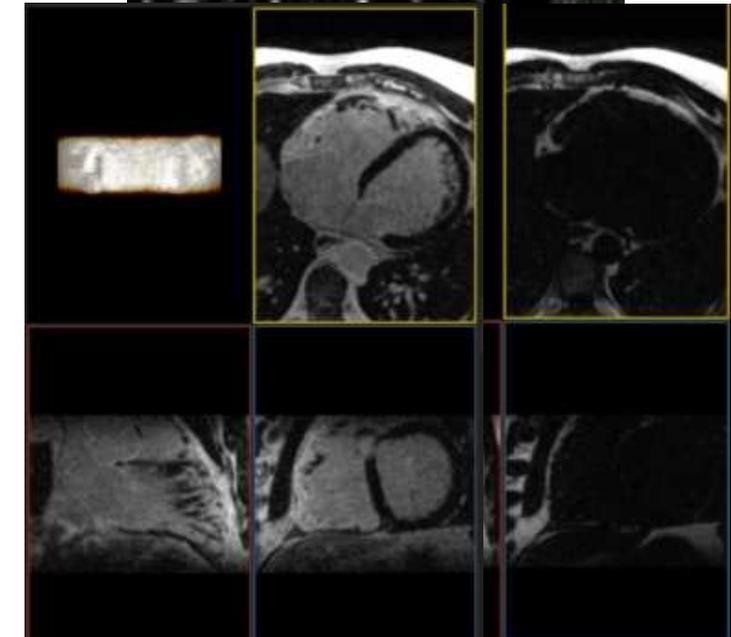
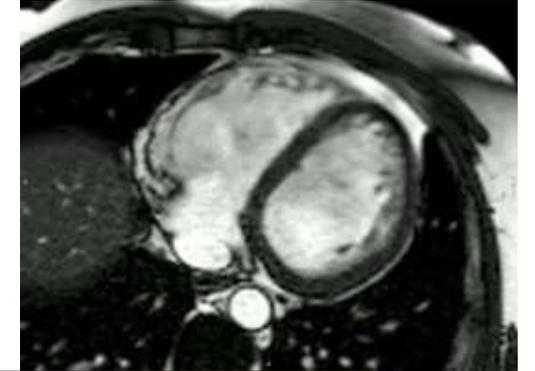
Prototyp 3D whole heart developed in Koop Siemens und KCL

Diagnose von ARVC mit Schwerpunkt MRT

1. Die Diagnose und Risikostratifizierung bedarf vieler Bausteine
2. Differentialdiagnosen abklären

Bildgebung

3. Quantitative und qualitative Beurteilung beider Ventrikel
4. Nachweis von Narben und Fibrose insbesondere linker Ventrikel
5. Herausforderung: Narben und Fibrosen rechter Ventrikel
6. Sicherer Nachweis von Fettinfiltrationen in (naher) Zukunft



Team-Work



Medical Doctors

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 Yash Bhoyroo
 Max Fenski
 Thomas Grandy
 Richard Hickstein
 Jan Gröschel
 Josephine Kermer
 Markus Kornfeld
 Ersilio Nishani
 Marcel Prothmann
 Fabian Mühlberg
 Jeanette Schulz-Menger
 Philip van Dijk
 Felix Wenson
 Leonora Zange

Students Coworker

L. Grassow
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 H. Noyan

Technicians / Study Nurses

D. Kleindienst
 A. Köhler
 M. Kohla
 K.Kretschel
 E. Nickel
 L Parschke



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 Felix Krüger (BioQIC)
 Chiara Manini (BioQIC)
 Simone Hufnagel (BioQIC)

Cooperation

R.Botnar and Team (KCL; UK)
 P. Gall (Siemens, Erlangen)
 C. Geppert and Team (Siemens, Erlangen)
 T. Chitiboi (Siemens, Princeton)
 P. Kellman (NIH, Washington)
 C. Kolbitsch and team (PTB)
 X. Bi und Team (Siemens)
 M. Markl und Team (NWU, Chicago)
 T. Niendorf und Team (B.U.F.F.)
 R. v.d Geest (Leiden)
 T. Schaeffter und Team (PTB)
 S. Schmitter und Team (PTB)
 S. Weingaertner (Delft)

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 Constantin Bolz
 Aylin Demir
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 Leonard Grassow
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 Johanna Kuhnt
 Carolin Lim
 Thomas Mayr
 Max Müller